

# Performance White Paper ~ Professional Development Program

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## Opportunity

Create and execute a professional development program for combat veterans transitioning back to civilian life.

## Challenge

Develop a highly engaging and effective, experiential learning process for veterans, often diagnosed with PTSD and/or Traumatic Brain Injury, that enables successful transitions to the civilian workforce.

## Constraints

No funding. A volunteer-driven program with ongoing requirements of significant, operational capabilities and overhead.

## Execution

Developed and launched, “Warriors in Transition” experiential learning workshop.

1. Canvased more than 200 peer-reviewed research studies encompassing:
  - A. Adult Learning Styles
  - B. The Neuroscience of Plasticity, Adaptive Thinking and Emotional Intelligence
  - C. The Psychology of Flow, Coherence, Entrainment and Presence (Mindfulness)
  - D. Core Mammalian Emotional Systems
  - E. Applied Behavioral Economics
  - F. Equine Facilitated Experiential Learning
2. Developed workbook and learning tools including The Emotional Compass™ and the Accretive Coaching Process<sup>SM</sup>.

## Results

Introduced and expanded Warriors in Transition program in Arizona, Montana, Missouri, Connecticut, Hawaii and Florida.

Trained more than one dozen counselors, including Veterans Administration staff, in the program.

Received formal commendation from General David Petraeus in 2010.

Continue to conduct program on an ongoing basis with V.A. inpatients in Bradenton, FL.